

Author's Checklist

- This manuscript has not been submitted for publication elsewhere and follows the Publication and Research Ethics of the *Women's Health Nursing*.

Title page

- Please follow the title page template available online

Manuscript preparation

- A4, 12 point font Times New Roman in MS Word file
- Line space: Double spacing / Margins of at least 1 inch (2.5 cm)
- Within 5,000 words (excluding figures, tables, references)
- Author information is removed

Abstract

- 250 words or less (240-250 words are suggested)
- Subheadings of Purpose, Methods, Results, and Conclusion
- Keywords: Up to 5 keywords, MeSH terms (www.nlm.nih.gov/mesh/MBrowser.html) preferred. List in alphabetical order.

Summary Statement

- 30-40 words under each subtitle

Main Text

- Subheadings of Introduction, Methods, Results, and Discussion
- Permission to use instruments should have been obtained
- Specify Ethics statement under Methods subheading. Avoid redundant descriptions in the text
- Appropriate reporting guideline is noted in 'study design' section, Checklist is submitted.

References

- References follow NLM style
- Limit supporting references to 1-2 per statement

Table, figure, and picture

- No more than 6 figures, tables, and pictures altogether, Tables should be submitted in MS Word format.
- According to Instructions to Authors
- Abbreviations are noted under the table, in alphabetical order, and are congruent with text descriptions